



Student Health Advisory Committee

Tuesday, November 29th, 2022

Duc 223 or [Zoom](#)

4:00pm-5:00pm

- I. Call to Order- 4:00 pm
 - a. Senator Witt, Senator Johnson, SIR Gulbranson, Head Justice McNamara
- II. Indigenous Land Recognition Statement
- III. Approval of Minutes
 - a. First by SIR Gulbranson. Second by Senator Johnson, passed by the ear of the chair
- IV. Approval of Agenda
 - a. First by SIR Gulbranson. Second by Senator Johnson, passed by the ear of the chair
- V. One High and One Low from this week
- VI. Discussion Points
 - a. Mental Health Awareness Week
 - i. Update on what I've done
 1. Director Fritz- I have started reaching out to people to see if they are interested in collaboration for mental health awareness week. So far, I have reached out to Amy Fitschen with Allen center to see if they would be willing to host a yoga event for us. She will be asking her staff if they are interested in the coming days. I have also reached out to NAMI to see if they would be interested in collaboration and I have not heard back yet. Lastly, I reached out to the Percussion Club here on campus to see if they would be willing or able to host a drumming event that we

have talked about in the past. I am wondering if people have any ideas on what movie we may be able to show that would address mental health in a good way. Some movies I have found are *Its Kind of a Funny Story*, *To The Bone*, *Cyber Bully*, *Call me Crazy*, and *Perks of Being a Wallflower*. Are there any opinions or suggestions for movies?

2. SIR Gulbranson- You Could look to see what movies the university already has to avoid having to pay for the licensing.
3. Senator Witt- *Inside Out* could be a good movie
4. Dr. Sams- An old one but a good movie could be *One Flew Over the Cuckoo's Nest*
5. Senator Johnson- A beautiful mind may also be a good movie
6. Dr. Luce- It may be a good idea to have a professional present for this talk to help facilitate some of the conversation

ii. Ideas for a Coffee and Culture

1. Director Fritz- I did not have enough time to finish up looking into what I wanted to do in this area so we will be skipping over this today

iii. Ideas for an outside event

1. Director Fritz- I know that we wanted to do something outside and I was wondering if anybody had any ideas for what might work during March, where the weather can be unpredictable.
2. SIR Gulbranson- I think something small and quick that students would be able to do on their way to class or something would be good. Maybe like do an activity and get candy or a sticker

3. Senator Witt- I think that it would be a good idea to have an indoor backup plan for this event

b. Nalox Zone Box Promotion Ideas

i. Poster-

1. Director Fritz- I was wondering if we think we should put up posters or something to promote the Nalox Zone boxes that are on campus now
2. SIR Gulbranson- Maybe an online Canva poster to promote them
3. Senator Witt- I would be willing to make a poster if you sent me the information
4. SIR Gulbranson- Maybe we could make a map of where they all are and hang them up around campus.

ii. Trainings-Wednesday, November 30 at 9a.m., Friday, December 2 at noon

1. Director Fritz- I wanted to bring to your guys' attention the fact that there are two upcoming trainings, unfortunately I will be unable to attend them. I also wanted to gauge interest in putting on our own training day.
2. Senator Witt- I think that it is a good idea for us to do one of our own.
3. Dr. Luce- The two trainings that you mentioned were done by Portage County Health and I am sure that they would do another one if you asked.

c. Upcoming EpiPen Events

i. Dining on the Jan 16th

1. Director Fritz- As you know there will be another training event for Dining on the 16th of January I wanted to check if anybody will be in town that may be able to help out
2. Senator Witt and Senator Johnson both said they may be around to help

ii. Others?

1. Director Fritz- I was wondering if there is anybody else we want to see trained here on campus other than Dining, Residence Halls, CNR folks, and Treehaven folks.
2. Senator Johnson- I think the people that run the CNR trip to Europe would also benefit.
3. SIR Gulbranson- I think that study abroad people in general would benefit.
4. Dr. Luce- I am not sure what EpiPen laws look like across borders so you may have to take that into consideration.
5. Dr. Sams- If the EpiPen has a legal name on it you should be able to cross borders with it but I am unsure on what that looks like for overseas travel.

iii. Help with script

1. Director Fritz- As most or you know I will be working on putting together a script for future trainings, I was wondering if anybody would be willing to help me out with that.
2. Senator Johnson- I would be willing to help with that.

3. Dr. Sambs- That might be something that the Wisconsin Osteopathic Association may want to use as well, if you wanted to reach out to them for that.

VII. Old Business

VIII. New Business

IX. Announcements

X. Adjournment-4:37 pm