

Student Health Advisory Committee Meeting Minutes – March 23rd, 2015

I. Call to Order – 5:15pm

II. Roll Call

- a. Jena (Chair)
- b. Hailee (Senator)
- c. Taylor (Senator)
- III. Approval of the Agenda
 - **a.** Taylor/Hailee; approved unanimously.

IV. Approval of the Minutes

- **a.** Courtney/ Hailee; approved unanimously.
- V. Public Forum for Non-Agenda Items (3 min. each)
- VI. Old Business

a. Visibility of Seven Dimensions of Wellness

- a. Graphic Design Contest
 - i. SHAC approved the final revision to the graphic design. We are currently moving forward with this design.
- b. Tabling
 - i. Members signed up for their responsibilities for the tabling we have planned. They will each be responsible for a dimension. For this dimension, they were reminded that they would have to come prepared with three resources and three questions to attract people to the table.
 - ii. Jena will contact Stacy Duellman about coupons for free massages.

b. Health Services Survey

- **a.** Jena will have the data analyzed for the next meeting.
- c. Counselling Center
 - a. Positive Psychology
 - i. Jena is open to help when this program occurs. If you are interested, please contact her.

b. Pinterest

i. Jena is still submitting pins for the Counseling Center Pinterest Page; if anyone comes across a pin that would be beneficial for pages on mental health, physical health and wellness, celebrating diversity, academic success, healthy relationships, veterans, and inspiration and motivation, they can send them to Jena.

d. American College Health Association Conference

- **a.** Attendees will be contacted sometime in April to discuss our plans for this trip.
- e. Budget
 - **a.** Members were encouraged to stay informed and discuss the implications of the budget on their future education.

VII. New Business

a. Sexual Assault Prevention Week

- d. Riddhi (SIR)
- e. Courtney (SIR)
- f. Jen Sorenson (Advisor)



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- i. Dean of Students Troy Seppelt will be hosting, with a variety of other clubs on campus, a sexual assault prevention week during the month of April. More information will be forthcoming.
- b. Cigarette Butt Cleanup
 - i. Members are encouraged to bring bags to pick up cigarette butts around campus during next week's meeting!
- **c.** Distribute Dietician Forms
 - i. Jen Sorenson requested that members distribute small posters that educate students on the services provided by the on-campus dietician. Each SHAC member too approximately 15 posters to hang around campus.

VIII. Further Business

IX. Adjournment – 5:48pm

a. Hailee/Taylor, approved unanimously.

NEXT MEETING WILL BE ON APRIL 6th, 2015 IN THE SGA CONFERENCE ROOM